# **Triple P®** Seminar Series & Discussion Groups



## **Seminar Series:**

Seminars are relaxed presentations that tackle some of the most common family and parenting issues for families who have children ages Birth-5! All seminars are **FREE** and held at Down East Partnership for Children

#### FREE Childcare & Light Breakfast provided.

March 20, 2020 10:00 – 11:30AM

The Power of Positive Parenting

April 17, 2020 10:00 – 11:30<sub>AM</sub> Raising Confident, Competent Children

May 22, 2020 10:00 – 11:30<sub>AM</sub> Raising Resilient Children



## **Discussion Groups:**

If you have a child ages birth-5 come to Down East Partnership for Children for **FREE** discussion group to learn *Effective Tips* on dealing with your child's challenging behaviours.

#### **FREE Childcare & Dinner provided.**

March 3, 2020 5:30 – 8:00<sub>PM</sub>

**Dealing with Disobedience** 

April 28, 2020 5:30 – 8:00<sub>PM</sub>

Fighting and Aggression

May 19, 2020 5:30 – 8:00<sub>PM</sub>

**Bedtime Routines** 



**FREE** CHILDCARE GAS CARDS & PRIZES!

### SPECIAL INCENTIVE

for those attending all three seminars or discussion groups







Parents, stay positive!



215 Lexington Street Rocky Mount, NC 27801 252-985-4300 www.depc.org